

Michael C. O'Hara, PT, DPT, OCS
michael.ohara@temple.edu

Education

Doctor of Education (EdD)
Temple University College of Education and Human Development
Philadelphia, PA
June 2020- Present

Orthopaedic Clinical Resident
University of Chicago Medical Center Orthopaedic Physical Therapy Residency
University of Chicago Medical Center
Chicago, IL
August 2014—August 2015

Doctor of Physical Therapy
Temple University College of Public Health
Philadelphia, PA
Critically Appraised Topic Platform: Thoracic manipulation versus cervical manipulation as manual therapy interventions for generalized neck pain to improve pain, disability, and outcome measure performance. *Best Afternoon Platform Presentation.*
Awarded 2014

Bachelor of Science, Biology
Providence College
Providence, RI
Awarded 2010

Licensure and Certification

Teaching in Higher Education Certificate
College of Education, Temple University
2020

Vestibular Competency Completion
APTA and Emory University School of Medicine
2017

Board Certified Clinical Specialist in Orthopaedics
American Physical Therapy Association of Board Certified Specialties
2016

Licensed Physical Therapist, Pennsylvania (PT023788)
2015, 2017, 2019, 2021

Curriculum Vitae
Michael C. O'Hara

Healthcare Provider, CPR and AED Certification
American Heart Association
2015, 2017, 2019, 2021

Professional Experience

Assistant Professor of Instruction
Doctor of Physical Therapy Program
Department of Health and Rehabilitation Sciences, College of Public Health
Temple University
August 2017—Present

Physical Therapist—PRN
Good Shepherd Penn Partners
Penn Therapy and Fitness—University City
Philadelphia, PA
August 2017—Present

Senior Physical Therapist II
Good Shepherd Penn Partners
Penn Therapy and Fitness—University City
Philadelphia, PA
October 2015—August 2017

Staff Physical Therapist
University of Chicago Medical Center
Chicago, IL
August 2014—August 2015

Work Experience

CPR and First Aid Coordinator and Instructor
American Heart Association
March 2012—March 2014

Textbook Apprenticeship
Carp S. Peripheral Nerve Injury. 2015. F.A. Davis Company. Philadelphia, PA.
June 2012—November 2012

Research Fellow
Rhode Island EPSCoR-SURF Research Fellowship Program
University of Rhode Island, Providence College
June 2009—August 2009

Publication

Burns SA, Cleland JA, Rivett DA, **O'Hara MC**, Egan WE, Pandya J, Snodgrass SJ. When treating coexisting low back pain and hip impairments, focus on the back: adding specific hip treatment does not yield additional benefits—a randomized controlled trial. *Journal of Orthopaedic and Sports Physical Therapy*. 2021; 51(12):581-601.

Egan WE, **O'Hara MC**, Burns SA. The Thoracic Spine and Ribcage: Physical Therapy Patient Management Using Current Evidence. *Current Concepts of Orthopaedic Physical Therapy*: 5th ed. 2021. Academy of Orthopaedic Physical Therapy—American Physical Therapy Association.

Amabile AH, Dekerlegand RL, Muth S, **O'Hara MC**, et al. Proximity of the carotid artery bifurcation to the laryngeal prominence: results of a cadaver study and recommendations for safe pulse palpation. *Journal of Geriatric Physical Therapy*. 2019; 0:1-5; DOI: 10.1519/JPT.0000000000000242

O'Hara MC, Girard J, Egan W, Cleland JA. Chapter 9: Clinical Examination of the Cervical and Thoracic Spine in Patients with Temporomandibular Disorders. *Temporomandibular Joint Disorders—Manual Therapy, Exercise, and Needling Therapies*. 2018. Handspring Publishing.

Professional Presentations

Platform Presentation and Lab Courses:

O'Hara MC, Muth S, Varrecchia S, Knapp M, Phillips JM. Gross Anatomy of the Lower Extremity: A Laboratory Dissection Course. Temple University School of Podiatry. Philadelphia, PA. July 2022.

O'Hara MC. Orthopaedic Manual Physical Therapy For Upper Extremity Disorders. Temple University, Philadelphia, PA. March 2021.

O'Hara MC. Orthopaedic Manual Physical Therapy for Lower Extremity Disorders. Temple University, Philadelphia, PA. November 2020.

Egan WE, **O'Hara MC**. Orthopaedic Manual Physical Therapy For Upper Extremity Disorders. Temple University, Philadelphia, PA. July 2020.

Muth S, Varrecchia S, Phillips J, Tucker C, **O'Hara MC**, Thompson E. Gross Anatomy of the Upper Extremity: A Laboratory Dissection Course. Temple University School of Podiatry. Philadelphia, PA. June 2019.

Amabile AH, Dekerlegand RL, Muth S, **O'Hara MC**, Phillips JM, et al. Location of the carotid artery bifurcation relative to the laryngeal prominence: a descriptive cadaver study with recommendations for safe pulse palpation. Combined Sections Meeting, Washington DC. January 2019

O'Hara MC. Orthopaedic Manual Physical Therapy Management for Lower Extremity Disorders. Temple University, Philadelphia, PA. November 2018.

Egan WE, **O'Hara MC**. Orthopaedic Manual Physical Therapy For Lumbopelvic Disorders. Temple University, Philadelphia, PA. October 2018.

Egan WE, Burns SA, **O'Hara MC**. Upper Quarter Musculoskeletal Management Integrating Manual Therapy and Pain Sciences: Two-Day Lecture and Laboratory Course. Temple University, Philadelphia, PA. April 2018.

Crane P, Haddad MA, **O'Hara MC**, Steimling M. Evidence-Based Approach to Management of Ankle Disorders. Southeast District of the Pennsylvania Physical Therapy Association Mini-Combined Sections Meeting. Thomas Jefferson University, Philadelphia, PA. April 2018.

Egan WE, Burns SA, **O'Hara MC**. Orthopaedic Manual Physical Therapy For Upper Extremity Disorders. Temple University, Philadelphia, PA. March 2018.

Egan WE, Burns SA, **O'Hara MC**. Orthopaedic Manual Physical Therapy For Cervicothoracic Disorders. Temple University, Philadelphia, PA. February 2018.

Burns S, **O'Hara MC**. Orthopaedic Manual Therapy for the Lower Extremity: 2 Day Course. Temple University, Philadelphia, PA. November 2017.

Egan WE, **O'Hara MC**. Orthopaedic Manual Therapy for the Lumbar Spine: 2 Day Course. Temple University, Philadelphia, PA. October 2017.

O'Hara MC. Manual Therapy for the Cervical Spine: Evidence Based Examination and Intervention. Temple University Clinical Appreciation Day. Philadelphia, PA. September 2016.

Burns S, Crane P, **O'Hara M**. Cervicothoracic Spine: Evidence Based Examination, Manual Therapy Techniques and Exercise. Morning and Afternoon Sessions. Southeast District Pennsylvania American Physical Therapy Association Section Meeting Philadelphia, PA, April 2016.

Poster Presentations:

Burns SA, Cleland J, Rivett D, **O'Hara MC**, Egan WE, et al. Focus on the back when treating individuals with low back pain and a concurrent hip impairment: a randomized control trial. Combined Sections Meeting, San Antonio, TX. February 2022.

Gulla N, Steimling M, **O'Hara MC**. A multimodal manual therapy and cervicovestibular approach to management of a patient with post-concussion syndrome: a case report. *Best Poster Award Nominee from Academy of Orthopaedic Physical Therapy*. Combined Sections Meeting, Denver, CO. February 2020

O'Hara MC. Cardiac-referred shoulder pain: clinical decision making for a patient referred for rotator cuff tendinopathy. Combined Sections Meeting, Denver, CO. February 2020

Egan WE, **O'Hara MC**, Burns SA. The attitudes and beliefs of Doctor of Physical Therapy Students towards low back pain. Combined Sections Meeting, Denver, CO. February 2020

Gulla N, Steimling M, **O'Hara MC**. A multimodal manual therapy and cervicovestibular approach to management of a patient with post-concussion syndrome: a case report. American Academy of Orthopedic Manual Physical Therapy Conference. Orlando, FL. October 2019

Egan WE, Burns SA, **O'Hara MC**. The use of standardized patients for a musculoskeletal physical therapy practical examination. Center for the Advancement of Teaching Conference. Philadelphia, PA. January 2019

O'Hara MC. Acute exacerbation of congestive heart failure following total hip arthroplasty in the outpatient setting. Combined Sections Meeting, New Orleans, LA. February 2018

Sara L, **O'Hara MC**, DeLisa L, Jackson S, Lee MJ. Clinical Utility and Reliability of Core Endurance Assessment in a Healthy, Normative Population. Combined Sections Meeting, San Antonio, TX. February 2017.

O'Hara MC, Malloy M. Management of Benign Paroxysmal Positional Vertigo in a Patient With A Clavicular Fracture: A Resident's Case Study. Combined Sections Meeting, Anaheim, CA, February 2016
Illinois Physical Therapy Association Revitalize Conference and Expo, Oak Brook, IL, April 2015.

O'Hara MC. Thoracic manipulation versus cervical manipulation as manual therapy interventions for generalized neck pain to improve pain, disability, and outcome measure performance. Temple University Evidence-Based Practice Conference. May 2014.

O'Hara MC. Psychometric Properties, Statistical Confidence, and Clinical Implications for the Use of Hand-Held Dynamometry in the Outpatient Setting. The 3rd Annual Johns Hopkins Hospital Rehabilitation Services Clinical Showcase. November 2013.

Professional Presentations / Invited Speaker:

O'Hara MC. Gait Aid Basics and Demonstration Series. Lewis Katz School of Medicine, Geriatric MS3/MS4 Elective. February 2021-Present.

O'Hara MC. The Black Box of PT Management: Pulling Back the Curtain on Outpatient Physical Therapy. Lewis Katz School of Medicine, Internal Medicine Resident Lecture Series. November-December 2020.

O'Hara MC. Physical Therapy Management of Chronic Musculoskeletal Pain Populations in the Outpatient Setting. Lewis Katz School of Medicine, Internal Medicine Residency Academic Half-Day, Temple University. November 2019.

O'Hara MC. Social Media for the Student Physical Therapist. AAOMPT Student Special Interest Group. Temple University. June 2019.

O'Hara MC. Shoulder Clinical Practice Guidelines: A Presentation of the Evidence. Southeast District of the Pennsylvania Physical Therapy Association. May Monthly Meeting. Lankenau Medical Center. May 2019.

O'Hara MC. Clinical Assessment and Management Strategies of Knee Disorders: An Evidence-Based Approach. Department of Athletic Training, Doctor of Athletic Training Program. Temple University. March 2019

O'Hara MC. Social Media for the Student Physical Therapist. AAOMPT Student Special Interest Group. Temple University. July 2018.

O'Hara MC. Outpatient Rehabilitation for Post-Operative Ankle Diagnoses. UCMC Orthopaedic Surgeon Sports Conference Weekly Symposium. Chicago, IL, April 2015.

O'Hara MC. Clinical Management of Vestibular and Balance Disorders in the Outpatient Orthopaedic Setting. In-service presentation provided for University of Chicago Medical Center Physical Therapy Dept. March 2015.

Professional Academic Experience

8106 Human Anatomy Lab
8107 Functional Biomechanics
8108 Functional Biomechanics Lab
8121 Clinical Electro and Biophysical Agents

8122 Clinical Electro and Biophysical Agents Lab
8125 Clinical Management of Musculoskeletal Disorders I
8126 Clinical Management of Musculoskeletal Disorders I Lab
8131 Clinical Management of Musculoskeletal Disorders II
8132 Clinical Management of Musculoskeletal Disorders II Lab
8141 Clinical Management of Musculoskeletal Disorders III
8142 Clinical Management of Musculoskeletal Disorders III Lab
8143 Clinical Management of the Medically Complex Patient
8144 Clinical Management of the Medically Complex Patient Lab
8153 Vestibular Rehabilitation Elective
8160 Special Topics in Physical Therapy

Professional Academic Service

Admissions Committee, Admissions Coordinator
2022-Present

Curriculum Committee
2019-2022

Director of Clinical Education Search Committee, *Chair*
2019

Post-Professional Committee
2017-Present

Human Anatomy Committee
2017-2019

Marketing Committee
2017-2018

Clinical Academic Experience

Clinical Instructor, ICE Experience
Arcadia University Physical Therapy Program
September 2017—2018

Teacher's Clinical Assistant
Clinical Management of Musculoskeletal Examination and Intervention I
Temple University Doctor of Physical Therapy Program
August 2016—2017

Clinical Mentor
Drexel University Co-Op Program, Pre-Physical Therapy Tract
April 2016—August 2017

Clinical Instructor, ICE Experience
Thomas Jefferson University Physical Therapy Program
March 2016—August 2017

Teacher's Clinical Assistant
Clinical Management of Musculoskeletal Examination and Intervention II
Temple University Doctor of Physical Therapy Program
January 2016—2017

Instructor, Musculoskeletal Examination
Introduction to Clinical Medicine
University of Pennsylvania Perelman School of Medicine
November 2016

Laboratory Clinical Assistant
Gross Anatomy I, Gross Anatomy II
Temple University Doctor of Physical Therapy Program
August 2015—2017

Volunteer Experience

Clinical Mentor
North Broad Physical Therapy Center
Philadelphia, PA
February 2016—Present

Panelist and Faculty Representative
Health Equity Workshop
Department of Architecture and College of Public Health, Temple University
October 2018

Community Health Clinics
Englewood, IL
March 2015—August 2015

Organizations

Member, Specialization Academy of Content Experts (SACE)—Orthopaedics, American Physical Therapy Association

Appointed, Member-at-Large, Southeast District of the Pennsylvania Physical Therapy Association

Appointed, Nominating Committee Chair, Southeast District of the Pennsylvania Physical Therapy Association

Member, Pennsylvania Chapter, American Physical Therapy Association

Member, Education Section, American Physical Therapy Association

Member, Orthopaedic Section, American Physical Therapy Association

Awards

College of Public Health Excellence in Teaching Award, Temple University, 2020.

Best Afternoon Platform Presentation, Temple University Doctor of Physical Therapy Program. 2014.

Sol Seigel Academic Scholarship Recipient, Olympic Steel Inc., Milford, CT. 2006.

Knights of Columbus Scholarship, Wallingford, CT. 2006.

Conference Attendance and Continuing Education

Combined Sections Meeting, Virtual Conference
March 2022

Item Writing Workshop, Specialization Academy of Content Experts (SACE)—
Orthopaedics, American Physical Therapy Association
February 2022

20th Annual Faculty Conference on Teaching Excellence
Temple University, Philadelphia, PA
January 2022

Compassion Fatigue and Satisfaction: Remaining Resilient Amidst Today's Healthcare
Challenges. APTA, Pennsylvania.
May 2021

Combined Sections Meeting, Virtual Conference
February 2021

Adult Lung Transplantation and Physical Therapy Management Across Clinical Settings,
Southeast District of the Pennsylvania Physical Therapy Association Young
Professionals Seminar
March 2020

Window of Opportunity—The Impact of Physical Therapy in Criminal Justice, Southeast
District of the Pennsylvania Physical Therapy Association, March Meeting
March 2020

Item Writing Workshop, Specialization Academy of Content Experts (SACE)—
Orthopaedics, American Physical Therapy Association
February 2020

Combined Sections Meeting, Denver, CO
February 2020

SCI Across the Lifespan, Southeast District of the Pennsylvania Physical Therapy
Association, January Meeting
January 2020

18th Annual Faculty Conference on Teaching Excellence
Temple University, Philadelphia, PA
January 2020

Immigration and Migrant Health, Southeast District of the Pennsylvania Physical
Therapy Association, November Meeting
November 2019

Temple University College of Public Health Research Day
Philadelphia, PA
April 2019

Combined Sections Meeting, Washington, DC
January 2019

17th Annual Faculty Conference on Teaching Excellence
Temple University, Philadelphia, PA
January 2019

Southeast District Pennsylvania Physical Therapy Association Mini-Combined Sections
Meeting
Thomas Jefferson University, Philadelphia PA
April 2018

Combined Sections Meeting, New Orleans, LA
February 2018

Introduction to Medical Genomics and the Role of the Physical Therapist
Temple University, Philadelphia, PA
September 2017

Vestibular Rehabilitation: A Competency Based Course, Department of Rehabilitation
Medicine, Emory University School of Medicine & American Physical Therapy
Association. Atlanta, GA

March 2017

McKenzie Institute, USA. Part B: Cervical and Thoracic Spine, Philadelphia, PA.
February 2017

Combined Sections Meeting, San Antonio, TX
February 2017

McKenzie Institute, USA. Part C: Advanced Lumbar Spine and Lower Extremity,
Philadelphia, PA.
October 2016

An Overview of Biomedical Ethics and Jurisprudence
Temple University Clinical Appreciation Day
September 2016

Vestibular Integration Strategies One Day Live Course
Englewood Hospital and Medical Center, Englewood NJ
May 2016

Visual Vertigo and Optokinetic Stimulation in Vestibular Rehabilitation
Hospital of The University of Pennsylvania, Philadelphia PA
April 2016

Southeast District Pennsylvania American Physical Therapy Association Mini-Combined
Section Meeting, Philadelphia, PA
April 2016

McKenzie Institute, USA. Part A: Lumbar Spine. Philadelphia, PA
October 2015

Combined Sections Meeting, Anaheim, CA
February 2016

Illinois Physical Therapy Association Revitalize Conference and Expo, Oak Brook, IL
April 2015

RUSH Orthopaedics Hip Symposium, Chicago, IL
October 2014

Combined Sections Meeting, San Diego, CA
January 2014

